

## Reflective diary

Please complete this form for each learning activity and add the pages to your **Appraisal and Revalidation portfolio**.

<b>Date:</b> Nov 2005	<b>Learning activity:</b> <i>Medicine update course.</i>
Why did you choose this learning activity?	<i>Requirement of job as GP. To keep up to date with changes in medicine.</i>
What outcomes did you hope to achieve?	<i>Improved familiarity with managing clinical cases. Competent in medical management.</i>
In what ways has this learning activity contributed to your learning objectives?	<i>None in general.</i>
What changes will you make to the management of patients as a result of this activity?	<i>Role of statins in CHD prevention. Resuscitation techniques. Management of menorrhagia.</i>
What changes to practice protocols do you envisage? How will you implement these?	<i>CHD prevention protocol. Resuscitation training within the practice. Clinical meeting in practice to discuss medicine from course.</i>
What other learning needs has this activity revealed?	<i>Gaps in general medicine knowledge and in practice administration.</i>
Future actions	<i>Will reflect and feedback to Practice Manager/Partners. Need for regular medicine updates.</i>
Any other notes	

Name:

Signed:

Date: